

# Pre – Start Information

## CARPATH ROGAINING TROPHY

- second edition -

30th June – 1st July 2018

This document supplements Bulletin No. 2. **All changes and additions compared to previous bulletins are market red in text.**

### 1. Event Format and Rules:

**Carpath Rogaining Trophy** is a competition organized by the Rogaining Transylvania Sports Club, are held in 24 hour rogaine format and according to the rules of rogaining of the International Rogaining Federation (IRF).

**Carpath Rogaining Trophy** is a long-distance competition based on orientation where teams of 2, 3, 4 or 5 people receive a detailed topographic map with the area to be explored, a compass, a whistle for emergency, and an electronic stick (SI-card) in order to find as many checkpoints as possible to collect as many points as possible over a 24-hour period. Each checkpoint will have a point value, a value assigned based on a combination between distance and difficulty level.

### Contest Center and Accommodation:

The contest center will be at the Trei Stejari Farm (Three Oaks Farm), part of the Binder Bubi tourist complex in Medias - Transylvania region. [www.binderbubimedias.ro](http://www.binderbubimedias.ro)

Exact locations of event center: 46°09'25.3"N 24°22'51.5"E

The closest airports to Medias are: Sibiu (56 km), Targu Mures (61 km), Cluj Napoca (122 km).

The accommodation center of the competition will be at Binder Bubi Hotel (Medias) as well as at the Trei Stejari Farm (Three Oaks Farm) camping area that we will arrange for the competition. Accommodation details can be found at the accommodation section on [www.rogaining.ro](http://www.rogaining.ro)

## **The Contest area:**

The total surface area of the competition will be 160 km<sup>2</sup> and it contains the village of Biertan, Richiș, Buzd, Moșna, Nemșa, Ațel and Dupuș. Remember to be respectful with the private properties.

The characteristics of the field are really varied: from grain crops and vineyards to the lower areas of the valleys, fruit trees in the surrounding areas of the villages as well as on certain hills, alternating with grassland areas and regions without vegetation, acacia, oak and beech forests as well as small pine and spruce areas.

The ground level of the contest is 320 meters (296 meters at the lowest point and 616 meters at the highest point).

For the forest map making we used the white color for easily penetrable forest areas, light green for the heavy rainforest areas, and dark green for the forest areas without any accessibility.

For semi-open areas, where the differences between the semi-open zones and forest are sometimes difficult to see, we used white, and we used the "raster" on the easily accessible vegetation fields.

On the competition area there is also a vast network of asphalted or paved roads, forest roads, as well as various sizes trails (in some areas you will find "sheep or wild boar" walks which will be hard to notice).

Only the roads, the streets and the main paths will be mapped on the competition map and they will help competitors to move and orienteer.

A special feature of the area where the competition takes place is the presence of sheepfolds. The map will be flagged with the hazy sign representing the dangerous area. You must know that each sheep stall is guarded by trained dogs that are not very friendly. We recommend that you avoid these areas in order not to have problems with these guard dogs.

## **Animals**

In the contest forests area you can meet wild animals such as deer, wild boars, foxes, rabbits, as well as birds such as the woodpecker, cuckoo, pheasant, quail, hawk, owl, hazelnut hazel.

Considering that the area where the event will take place is rich in fauna, and this event may confuse the existing fauna, organizers recommend participants not to be accompanied by pet animals.

Killing, aggression or disturbance of wild animals throughout the contest will result in disqualification and sanctions under the law in force.

## The Map

The map has been drawn in Open Orienteering Mapper and OKAD based on the topographic map offered by our partners from the Zenit Maps topography firm in Brasov.

The paper scale will be 1: 25000 with a 10-meter equidistance. The map will be printed on Pretex synthetic paper that is resistant to moisture and tear, **and will have a size that: 70cm/ 50cm.** There will be control description (text in English and Romanian) available on competition map as well as separate sheet of control descriptions. It is recommended to use permanent marker for drawing and planning of course on the map.

## Course:

**There are 70 checkpoints out in the competition terrain. Three digit numbers are used for checkpoint (it varies from 2 to 9).** Course and terrain will provide a lot of different route choices and scenarios.

Organizers are encouraging teams and each individual to consider their capabilities very seriously, as given hilly terrain in combination with potential weather conditions may provide challenging conditions during the competition.

On the competition terrain, there will be water stations, where drinking water will be available in plastic containers. The water stations are indicated on the map.

## Control and Timekeeping System:

The recording and timekeeping system will be from SPORTident.

Each competitor can bring his own **Scard** only if the model can record more than 80 control posts (SI-10, SI-11, SIAC, and Com Card Pro).

Please check your Scard here: <https://www.sportident.com/products.html#cards>

If you do not have a Scard from the above list, you can rent it for an extra 4 euro.

Each checkpoints highlighted on the map is viewed in the field by a triangular prism "lampion" with its side faces in orange and white in the size of 30 x 30 cm. All the checkpoints are provided with a unique identification code / number and a "SPORTident" electronic system. The checkpoints have different values.

The value of checkpoints will be given by the first digit of the control station code number.

For example: The control station number **504** will have 5 points.

## The HASH HOUSE:

It is the location where the competitors will be able to eat, change equipment, rest or even sleep while the competition takes place between 18:00 on 30th June and 09:00 on July 1st. These services will be included in the enrollment fee.

The Hash House will be marked **HH** on the map.

A second Hash House location will be in the camping area where the Start / Arrival zone will be arranged. At the end of the 24 hour race, participants will have a buffet with food and drink included.

During the camping season, food and drinks can be also ordered here for a fee.

### **Participanta/Teams:**

The teams must consist of a minimum of 2 people and a maximum of 5 people aged over 18. Any team that has a member under 14 years of age shall also have a member 18 years of age or over. All participants under 18 years need to have a written permission (from their legal guardian) for taking part in the competition.

The categories where members under the age of 18 are accepted:

#### **24 hour race:**

1. **MO**-Men's Open - teams formed exclusively from men without any age limit
2. **WO**-Women's Open - teams formed exclusively from women without any age limit
3. **XO** - Mixed Open - teams of men and women without any age limit
4. **MJ** - Men's Junior - teams of men under the age of 23
5. **WJ** - Women's Junior - teams made up of women younger than 23 years of age
6. **XJ** - Mixed Junior - teams made up of men and women younger than 23 years of age

#### **4 hour race:**

1. **MO**-Men's Open - teams formed exclusively from men without any age limit
2. **WO**-Women's Open - teams formed exclusively from women without any age limit
3. **XO** - Mixed Open - teams of men and women without any age limit
4. **JS** - Junior and Senior - One or more team members must be 17 years of age or younger

### **Competition categories:**

Competition categories for the **24-hour** race:

1. **MO** - Men's Open – men, no age restriction
2. **WO** - Women's Open – women, no age restriction
3. **XO** - Mixed Open - man and women, no age restriction
4. **MJ** - Men's Junior - teams of men under the age of 23
5. **WJ** - Women's Junior - teams made up of women younger than 23 years of age
6. **XJ** - Mixed Junior - teams made up of men and women younger than 23 years of age
7. **MV** – men, all must be 40 years of age or over
8. **WV** – women, all must be 40 years of age or over
9. **XV** – men and women, all must be 40 years of age or over
10. **MSV** – men, all must be 55 years of age or over
11. **WSV** – women, all must be 55 years of age or over
12. **XSV** - Mixed Super Veteran – men and women be 55 years of age or over

Competitions categories for the **4-hour** race:

1. **MO** – men, no age restriction
2. **WO** – women, no age restriction
3. **XO** – men and women, no age restriction
4. **MV** – men, all must be 40 years of age or over
5. **WV** – women, all must be 40 years of age or over
6. **XV** – men and women, all must be 40 years of age or over
7. **JS** - Junior and Senior - one or more team members must be 17 years of age or younger

The Juniors, Veterans and Super Veterans team, age is determined by the first day of the competition, that is, on June 30th, 2018.

#### **Registration / Entry at the Competition:**

The registration of the teams in the competition is done on the website [www.rogaining.ro](http://www.rogaining.ro) by

clicking on the "Registration Now!" button, starting with February 1st, 2018, until June 25th, 2018. After Registration, you will receive a confirmation email with additional information.

Mandatory conditions for registration:

- Teams must be composed of a minimum of 2 people and a maximum of 5 people.
- The members of the categories in which minors are accepted, must be formed by a majority of adults.
- For minor contestants, the parent or guardian's consent is mandatory.
- It is mandatory to sign a declaration on your own responsibility by all participants in the competition.
- Competitors must be aware of the environment they are exposed to by depending on the event or season (cold, wind, heat, darkness, etc.) and must adapt to the climate change that may occur.

**Mandatory Equipment:**

- SI cards with non-removable wristbands (for every competitor),
- Compass,
- Whistle,
- Front fender torch with fully charged and spare batteries,
- First aid kit
- Competition Map (provided by the organizers)
- Competition number bib (for every competitor), in the way that number bibs are visible during the competition,
- Waterproof raincoat or rain jacket and appropriate clothing for the duration of the contest,
- Mobile phone with fully charged battery for emergencies (will be sealed by the organizers at the validation office),
- Potable water can,

- Food (energy snacks),
- Money,
- Backpack with extra clothes (underwear, socks, jersey, trousers, trekking shoes),

**Additional equipment (recommended)**

- Trail / trekking bats
- Windscreen / sun glasses
- Cap, hat or bandana
- Sun protection spray
- Dermo protective Vaseline

**Prohibited Equipment:**

- GPS
- Mobile phone with GPS (not sealed by organizers)
- Altimeter
- Pedometer

**FEES for participation in the Carpath Rogaining Trophy competition - 2nd edition - 2018:**

**4 HOUR Race:**

	<b>HAPPY REGISTRATION DAY</b>	<b>EARLY REGISTRATION</b>	<b>NORMAL REGISTRATION</b>	<b>SPECIAL DISCOUNT</b>
	<b>1<sup>st</sup> February 2018</b>	<b>2nd February – 28th February 2018</b>	<b>1st March – 25th June 2018</b>	<b>10-11-12 MAY 2018</b>
<b>Tax/ participant</b>	<b>45 RON (10 EURO)</b>	<b>60 RON (15 EURO)</b>	<b>75 RON (18 EURO)</b>	<b>45 RON (10 EURO)</b>

## 24 HOUR Race:

	<b>HAPPY REGISTRATION DAY</b>	<b>EARLY REGISTRATION</b>	<b>NORMAL REGISTRATION</b>	<b>SPECIAL DISCOUNT</b>
	<b>1<sup>st</sup> February 2018</b>	<b>2nd February – 28th February 2018</b>	<b>1st March – 25th June 2018</b>	<b>10-11-12 MAY 2018</b>
<b>Tax/ participant</b>	<b>100 RON (25 EURO)</b>	<b>130 RON (30 EURO)</b>	<b>175 RON (40 EURO)</b>	<b>110 RON (25 EURO)</b>

The payment is made directly to the payment system on [www.rogaining.ro](http://www.rogaining.ro), or by bank transfer to the account specified in the confirmation / registration e-mail.

The participation fee at the Carpath Rogaining Trophy includes the following services:

**For the 4-hour race:** contest number, competition maps, disposable bracelet for Siscard, 1 whistle/ person, hydration and energizing stations along the competition racetrack (still water, tea, fruit and energy bars), SPORTident timekeeping system, medical assistance, the organization of the competition by the instructors and athletes of CS Transylvania Rogaining and prizes for the first three winners.

**For the 24-hour race:** contest number, competition maps, disposable bracelet for Siscard, personalized BUFF, 1 whistle/ person, Hash House services during the competition and the end of the competition, hydration and energizing stations on the racetrack (still water, tea, fruit and energy bars), SPORTident timekeeping system, healthcare, the organization the competition by the instructors and athletes of CS Transylvania Rogaining, prizes for the first three winners.

### Equipment Rental:

Compass - 1 euro  
Siscard - 4 euro

### Damage or loss of rented equipment:

The participants are required to take care of the rented equipment and return it to the organizers at the Arrival line. If the rented equipment is damaged or lost, the participant has to pay the value of the item as follows:

Compass - 10 euro  
Siscard - 65 euro



## 2. Cancellation and refund policy enrollment fee

There are three deadlines for returning the registration fee:

- a) From the registration date, until the 28th February 2018 - the entire amount is refunded, less 5 euro / fee registration.
- b) From 1st March 2018 to 15th May 2018 - 50% of the paid amount is refunded.
- c) From 16<sup>th</sup> May, 2018 - the amount paid is not refunded.

The request for money return will be sent at the following e-mail address:  
[contact@rogaining.ro](mailto:contact@rogaining.ro)

### Timetable:

#### Friday, June 29<sup>th</sup> of 2018

- 12:00 Campsite and parking area open
- 13:00 Registration office open
- 14:00 Hash House open
- 18:00 Technical Meeting (mandatory presence)**
- 20:00 Registration office closes
- 22:00 Hash House closes

#### Saturday, June 30<sup>th</sup> of 2018

- 08:00 Hash House open
- 08:00 Registration office open
- 09:30 Map handout
- 11:40 All competitors shall enter in the start area
- 12:00 Start ( Rogaine 24H and 4H)
- 16:00 Finish (Rogaine 4H)
- 18:00 Hash House open
- 21:17 Sunset
- 21:55 The end of civil twilight

#### Sunday, July 1<sup>st</sup> of 2018

- 04:59 The beginning of civil twilight
- 05:37 Sunrise
- 09:00 Hash House closes

12:00 Finish  
12:30 Closing of the arrivals  
12:45 Time limit for making claims  
12:30 Gulas in Transylvania. Hash House open (in Campsite zone)  
14:30 Prize- giving Ceremony  
14:30 Catering at the Hash House closes

**Menu:**

**Menu will provide options for those, who selected gluten free, low-lactose and vegetarian diets at the registration.**

**Hash- House from 18:00 June 30<sup>th</sup> till 09:00 July 1<sup>st</sup>:**

- **Vegetable soup**
- **Cold tomato soup**
- **Pasta Bolognese**
- **Grilled Vegetables**
- **Fruits**
- **Water, coffee, tea**

**After the race meal from 12:30 till 14:30 July 1<sup>st</sup>**

- **Vegetables soup**
- **Soup from Ardeal**
- **Gulas from Transylvania**
- **Chicken in the sos with vegetables**
- **Vegetables salad**
- **Cucumbers salad**
- **Transylvanian Pie**
- **Water, Beer, White wine and red, coffee, tea**

**Start:**

**Those who are ready with planning are welcome to arrive to the start area starting from 11:30 so that everyone could manage to enter the start area before 11:45.**

Whole team shall arrive and start area together. Attached SI-cards will be checked by organizers at start area gates. Each competitor must be sure his attached SI-card is controlled when entering the start area. The start given 12:00 on Saturday, 29th June.

**Finish:**

The control time is 12:00 on Sunday, July 1<sup>st</sup> am. After Finishing the course (by punching the SI station "Finish") only organizers will be allowed to remove the wristband and download the reading of the SI-card. The point penalty will be of 1 point for each minute

after the nominated finish time. Teams finishing more than 30 minutes late are not eligible for a placing. Participants who carried prohibited devices during their course will be requested by organizers to present unopened sealed bag right after their finish.

**Results:**

After the finish, each competitor gets a printout of SI-cards data. The individual SI printouts shall be considered as a preliminary, and not a final result. Preliminary team results will be shown at the event center. Final results will be published on the CRT-RO website and posted/ displayed at the event center.

**Protests:**

Within 45 minutes of the nominated finish time, a team may submit a protest about any team thought to have breached the rules, about the preliminary results of the team or about any actions of the organizers, that they consider made the competition unfair. Protests shall be submitted to organizers in writing in English.

**Jury:**

Any protests are considered and determined by three person jury.

**Emergency Phone Numbers:**

**General emergency phone in Romania: 112**

**Organizers emergency phones are printed on maps: +040749767888; +40744531908.**

**Save to contacts!**

**See you in Medias!**

**ROUGAINING**  
**CARPATH TROPHY**